

FIG 039

L. Vierne, 1st Symphony, Final, bars 1–2, R. H. / L. H. simultaneously

In the following piece, the motor part in bars 1–72 is a little bit more complex due to an extra note (the first semiquaver in each bar respectively):

FIG 040

E. Gigout, Toccata in B minor, bars 1–3, original form

It is therefore recommendable to practise the inner hands which are compatible in a motor sense (with the weight on the outer hand), very carefully paying special attention to each thumb taking over from the other:

FIG 041

E. Gigout, Toccata in B minor, bars 1–3, R. H. / L. H. only inner hand (1st / 2nd finger) as continuous sequence of triplets

If this doesn't cause any more problems, integrate “the rest” simultaneously in order to keep the pauses out of one's mind and movements. The wrist can also support the figure here with a slight sweeping motion: